

**ECSTASY /
METH AMPHEDAMINE
INGESTION CHECKLIST**

Date: _____ Time: _____ Subject Name: _____

Testing Official Name: _____ Signed: _____

This procedure (Cat 1 & 2) to be applied only when any of the following things are discovered during normal security checks....

- **Baby's dummy or pacifier** _____
- **Lollypop** _____
- **Chewing Gum** _____
- **Chewy soft lollies (minties / starburst)** _____

CATEGORY 1 – ANY 3 OF THESE SYMPTOMS (direct to Chill Out)

- | | | |
|---|--------------------------|----------------------------|
| • Jaw spasm & Teeth Grinding or Clenching _____ | <input type="checkbox"/> | Visually |
| • Dilated pupils _____ | <input type="checkbox"/> | (E) SEE DIAGRAM 1 |
| • Depressed eyelids _____ | <input type="checkbox"/> | Visually |
| • Increased heart rate _____ | <input type="checkbox"/> | (E) (60-75 NORM 15-19 YRS) |
| • High body temperature _____ | <input type="checkbox"/> | (E) (37-38 C IS NORM) |
| • Lowered appetite _____ | <input type="checkbox"/> | By verbal query |

Ascertained

CATEGORY 2 – PLUS ANY 1 OF THESE SYMPTOMS (in Chill Out)

At higher doses:

- Tremors _____
- Paranoia _____
- Nausea _____
- Dissociation _____
- Mild hallucinations _____

DIAGRAM 1 – DILATED PUPILS



Undilated pupil



Dilated pupil

Short-term effects

- MDMA stimulates the release of the neurotransmitters serotonin and dopamine, resulting in a "high" that can last between four to six hours.
- An MDMA "high" is characterised by CNS stimulant effects (such as an enhanced sense of pleasure, increased self-confidence, and increased energy) and psychedelic effects (that include feelings of peacefulness, acceptance, and empathy).
- This "high" occurs 30 to 90 minutes after ingestion.
- The stimulant effects of MDMA lead to transient side-effects that include an increased heart rate, raised blood pressure, nausea, dry mouth, decreased appetite, jaw clenching, grinding of teeth, muscle aches, gait disturbance, and insomnia.
- Transient hallucinatory side effects may include perceptual and visual distortions, alterations in consciousness with sensual and emotional overtones, and altered speech.
- Large doses of MDMA can lead to hyperthermia, dehydration, urinary retention, seizures, strokes, heart attacks, cardiac arrhythmias, paranoia, and hallucinations.
- Although rare, cases of MDMA toxicity leading to death have been reported. MDMA toxicity is generally caused by changes in thermo-regulatory processes characterised by hyperthermia, seizures, acute renal and hepatic failure, and disseminated intravascular coagulation disorder. Less frequently, death may occur due to hyponatremia (a complication of heat exhaustion). In such cases, depleted sodium levels may lead to the formation of brain oedemas that could damage the brain stem and result in loss of consciousness and death.



**ALCOHOL INGESTION
CHECKLIST**

Date: _____ Time: _____ Subject Name: _____

Minor: Adult:

Testing Official Name: _____ Signed: _____

First Test

Time administered: _____ Reading: _____ % B.A.C.

Second Test

Time administered: _____ Reading: _____ % B.A.C.

Food consumed between last test: _____

Third Test

Time administered: _____ Reading: _____ % B.A.C.

Food consumed between last test: _____

Final Determination

B.A.C. diminished to acceptable level for entry

B.A.C. not sufficiently diminished for entry

B.A.C. dangerously high

Action Taken

Entry granted

Ejection executed

Other (specify)